New Beginnings in Health & Human Services

2015 Symposium
November 5 & 6, 2015
Bethany College, Bethany, WV

12.0+ Cont. Ed. Credits: WV Board of Social Work Examiners
Approved Providers: Bethany College (490052)

14.4+ Cont. Ed. Credits: State of WV Board of Examiners for Registered Prof. Nurses (WV2002-0392RN)
Welcome Attendees and Presenters!

The Bethany College Social Work Program invites you to attend the 8th Annual Fall Symposium at the Mountainside Conference Center, located adjacent to the Bethany College campus on Route 88N. This year’s theme, New Beginnings, focuses on innovative approaches to intervening with clients in the change process and self-care for the professional helper. Presenters are experienced professionals who have successfully employed the techniques/methods covered in their sessions. We are especially excited about our keynote presenters this year, who bring diversity in education and experience to the conference. We hope you will decide to join us for this year’s conference!

THURSDAY KEYNOTE
Douglas Pfeifer MA, LPC, ALPS
Therapist/Clinical Liaison/Certified Trauma Specialist-Consultant
Pressley Ridge White Oak

A licensed professional counselor in the state of West Virginia and Ohio working for Pressley Ridge, Pfeifer currently is a certified trauma specialist-consultant focused on providing trauma sensitive and informed treatment to troubled youth and their families. His experience spans 17 years working with troubled youth in a variety of positions that include Therapist, Program Supervisor, Family Service Coordinator, Teacher Counselor, Clinical Coordinator and recently as Therapist/Clinical Liaison. Working at Pressley Ridge has allowed him to succeed in the following settings: residential services, treatment foster care and community based services. He is a skilled and dynamic trainer in strength-based treatment approaches and the elements of brain science and how it impacts work with troubled youth. The experience gained through his career has expanded his expertise in providing clinical supervision and consultation to staff at all levels. While in the position of Clinical Coordinator, his designation of Clinical Steering Committee’s Co-Chairman has given him the opportunity to impact the organization's clinical direction and mission. In addition, he is a certified trainer through the National Institute for Trauma and Loss in Children. Trainings delivered include the following: Children of Trauma, Structured Sensory Interventions and Trauma Treatment and the Other 23 Hours. In addition to working at Pressley Ridge, he is a therapist for the adult behavioral health unit at Camden Clark Medical Center.

FRIDAY KEYNOTE
Jason Carney

Jason Carney, a poet, writer, and educator, from Dallas, Texas is a four-time National Poetry Slam Finalist, honored as a Legend of the Slam in 2007. He appeared on three seasons of the HBO television series Russell Simmons’ Def Poets. A graduate of Wilkes University MFA Program for Creative Writing, he was an honored winner of the Etruscan Prize, the Bergman Foundation Scholarship, and the Norris Church-Mailer Scholarship. His memoir, Starve the Vulture, is out on Akashic/Kaylie Jones Books. Jason is also Adjunct Instructor of English Composition and American Literature at Brookhaven College and Parker University.
SESSION A — THURSDAY KEYNOTE — 9:00-10:30

Douglas Pfeiffer — Brain Friendly Interventions: Helping Clients Recover from Trauma

For most of the 20th century, it was thought that the brain was cemented by early adolescence and unchangeable. New brain research shows that the brain is plastic and changeable every day of our life. Knowing this gives us hope that even our most troubled children, adults and families have the ability to change and overcome the adversity than many of them face. It is becoming more and more apparent that when we work against how the brain functions with coercive methods such as punishment, we will continue to see poor outcomes. In this session, participants will become familiar with providing brain friendly, restorative interventions that focus on the neuroplasticity of the brain and meet trauma informed principles.

SESSION B — 10:45-12:15

B1: Jeremy Harrison — Understanding and Supporting Military Connected Children and Families-Part A

Since October 2001, the world in which American military children grow up has been changed dramatically by unprecedented levels of deployment tempo and the increased reliance on Reserve and Guard members. To date, a total of over 2.1 million American men and women in uniform have deployed in support of Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF). Of those Service members, approximately 100,000 — 44 percent — are parents. Of those deployed Service member parents, 48 percent have served at least two tours in Iraq and Afghanistan. Over 700,000 children have had at least one parent deployed since the beginning of the wars. Not since the Vietnam War have so many U.S. military families been affected by deployment-related family separation, combat injury, and death. With the U.S. involvement in the ongoing conflicts in Afghanistan and Iraq, there is a deep concern over parental deployment and its impact on the well-being of military children.

This session will offer an overview of needs and problems associated with military deployment and its impact on families, particularly on the children, and specifically how to address areas of concern. Available treatment options, as well as a few of the more effective treatment modalities, will also be addressed. [If registering for this session, it is recommended that you also register for Session C1]

B2: Joyce Britt and Darcey Ferrell — Understanding Teen Dating Violence

This session will raise awareness about dating violence and how it crosses all racial and socioeconomic lines. Teens often experience violence in dating relationships. One in four adolescents report verbal, physical, emotional or sexual abuse from a dating partner each year. This workshop will focus on types of dating violence abuse, early warning signs of an abusive relationship, indicators that a teen may be experiencing dating violence, myths and facts about relationships, facts about date/acquaintance rape, and causes and effects of abuse.

SESSION C — 1:15-2:45

C1: Jeremy Harrison — Understanding and Supporting Military Connected Children and Families-Part B

[See B1 for description - if registering for this session, it is recommended that you also register for session B1.]

C2: Terry Cunningham — TBI (Traumatic Brain Injury) 101

In this session, participants will define TBI, become acquainted with the three types of brain injury, degrees of brain injury, mechanisms of sustaining a TBI, signs and symptoms of a TBI, the effects of brain injury on cognitive functions, and social and language skills and behavior changes. Resources and services available for TBI survivors and caregivers and TBI statistics in the state of West Virginia will be presented.

SESSION D — 3:00-4:30

D1: Sara DeLong, Jennifer Pierce and Eric Ullery — From Bullets to Balance

Many of us assume that when a warrior returns from war, all will be well, and rejoining with family, friends, and community will be a smooth transition with combat theatre experiences becoming a distant memory; however, the harsh reality is that for most veterans, the transition home can be a difficult process. Participants in this session will gain a better understanding of the readjustment challenges faced by combat-theatre veterans and their loved ones, how loved ones and the community can respond to facilitate a positive readjustment and how to access available resources for veterans and their families.

D2: Kathy Herrington — The “Client” is a “Family”: Working with Family Systems to Change Dysfunctional Family Dynamics that Contribute to Individual Pathology

It is clear that the psychological problems of individuals are inextricably connected with their significant relationships and the dynamics in those relationships. This session will discuss the “family” as the client and explore concepts and techniques related to changing destructive family dynamics and communication patterns through structural family therapy.

D3: Melanee Sinclair — You Can Lead a Horse to Water and Make Him Drink

Horses have the ability to influence people in incredibly powerful ways. Equine (horse) therapy develops responsibility, work ethic, assertiveness, communication, relationships and confidence. Horses provide vast opportunities for metaphorical learning, an effective technique when working with even the most challenging individuals or groups. In this session attendees will participate in a variety of equine therapy techniques in an outdoor arena. Participants must wear appropriate footwear and clothing. [Transportation to the Bethany College Paddocks at Oglebay Park will be provided.]
SESSION E — FRIDAY KEYNOTE, 9:00-10:30
Jason Carney — What America needs is an Honest Conversation

In December 1988, Judge Jack Hampton, when asked why he gave a lenient sentence to the convicted killer of two gay men, Tommy Trimble and Johnny Griffin, in May near the Oaklawn section of Dallas, Texas, was quoted in the New York Times as saying, “I equate the killing of homosexuals to that of a prostitute. I would never sentence anyone to life in jail for killing a prostitute”.

William Waybourn, then President of the Dallas Gay Alliance, stated in that same article how violence against gay men was a common activity for high school aged boys in Dallas. Mr. Waybourn was right: violence against homosexuals is commonplace for high school age boys in Dallas. More importantly, these crimes and statistics are not limited to the near or distant past. In 2012, there were 44 reported Hate Crimes in Dallas and Tarrant Counties.

I knew the boys that participated in the killing of Trimble and Griffin. We went to school together. I too have committed hate crimes in Dallas. My name is Jason Carney, I am a poet, educator and activist. My big idea is that America needs to have an honest conversation with itself about racism.

In July 1988, I was placed in a psychiatric hospital. My roommate was a gay man who could have hated me for everything I encompassed. He extended to me a simple act of kindness which changed my world. He showed me, as our friendship developed, how poetry could redefine my world, how this moment was a starting point.

Today I am a prize-fighter running a nonprofit organization, Young DFW Writers. We go into high schools and educate young people to be agents of change within their community; to define themselves and their surroundings, so that the world does not define them. We use old school poetic craft mixed with new school American Poetics. In other words, we teach Robert Frost alongside LL Cool J. We build an honest conversation that cultivates the voice and desire of young people in focused artistic endeavors, so that they may break down the barriers of segregation that divide this country in which we all live. We teach honest conversations through poetry.

My name is Jason Carney; I use poetry to change myself and the world around me. Thank you for taking part in this honest conversation.

SESSION F — 10:45-12:15
F1: Jennifer Hezoucky — Music Therapists: The Growing Leaders in Healthcare

This session will explain why music therapy is one of the leading healthcare professions throughout the United States and explore what music therapy is, where music therapists work and who can benefit from music therapy. Participants will learn about the history of this profession, how it has evolved and how it is utilized with different populations. Participants will engage in a group music experience to demonstrate the power of music and how these experiences can be used in a clinical setting.

F2: Jaime Milligan — The Fair Housing Act: Rights & Remedies

Believing that education is at the heart of ending housing discrimination in Western Pennsylvania and West Virginia, West Penn Rural Fair Housing set out in 2007 to develop a comprehensive outreach/training program to educate those affected by housing discrimination. The outreach program continues to raise awareness of fair housing rights for advocates, housing providers, attorneys, state and local representatives, and most importantly, the people in protected classes most often facing discrimination.

Our training allows the program to provide information to those who need it and to establish working relationships with agencies and organizations advocating for those in protected classes. The outreach program presents free trainings for groups and organizations of any size. Trainings cover the basics of fair housing and allow for discussion of issues specific to the group.

SESSION G — 1:15-2:45
G1: Katherine Shelek-Furbee — The Costs of Caring: The Impact of Compassion Fatigue and Vicarious Trauma on the Professional Helper - Part A

Session participants will engage in a discussion about the definition and symptoms of compassion fatigue (the costs of caring), complete self-assessment surveys and small group discussions that help to define their level of fatigue. Attendees are encouraged to enroll in Part B, which will cover ways to address compassion fatigue.

G2: Terry Cunningham — TBI (Traumatic Brain Injury) 101

In this session, participants will define TBI, become acquainted with the three types of brain injury, degrees of brain injury, mechanisms of sustaining a TBI, signs and symptoms of a TBI, the effects of brain injury on cognitive functions, and social and language skills and behavior changes. Resources and services available for TBI survivors and caregivers and TBI statistics in the state of West Virginia will be presented.

SESSION H — 3:00-4:30
H1: Katherine Shelek-Furbee — The Costs of Caring: The Impact of Compassion Fatigue and Vicarious Trauma on the Professional Helper - Part B

This session will use the information covered in Part A, addressing the effects of a toxic work environment, stress and trauma. Information will be presented on methods to prevent and address compassion fatigue. Participants will engage in self-assessment activities, small and large group discussions.

H2: Sara DeLong — Intimate Partner Violence: Telling the Story

Participants in this session will gain a deeper understanding of the dynamics of intimate partner violence, and through the experience of one survivor, the challenges of recovery when a soul has been taken. Participants will enter the world of intimate partner violence in a personal way and learn how the community and helpers can assist survivors in reclaiming their lost lives.
Joyce Britt, MS, LSW, is currently a full-time instructor in human services at West Virginia Northern Community College. She earned her master’s degree in Rehabilitation Counseling from West Virginia University, a bachelor’s degree in criminal justice from Wheeling Jesuit College, and associate in applied science degree in criminal justice from West Virginia Northern Community College. She is a licensed social worker in both West Virginia and Ohio and a volunteer with the Sexual Assault Help Center. She has over 26 years experience in the social service field.

Jason Carney, MFA, is a poet, writer and educator, from Dallas, Texas. He is a four-time National Poetry Slam Finalist, honored as a Legend of the Slam in 2007. He appeared on three seasons of the HBO television series Russell Simmons’ Def Poets. A graduate of Wilkes University MFA Program for Creative Writing, he was an honored winner of the Etruscan Prize, the Bergman Foundation Scholarship and the Norris Church-Mailer Scholarship. His memoir, Starve the Vulture, is out on Akashic/Kaylie Jones Books. Jason is also an adjunct instructor of English Composition and American Literature at Brookhaven College and Parker University.

Terry Cunningham, MA, has been with the West Virginia University Center for Excellence in Disabilities Traumatic Brain Injury Program for seven years. Previously she worked in the addiction and mental health field for 25 years. Terry taught psychology at Salem International University and practiced in the field with her therapy dog "Siggie."

Sara DeLong, MSW, LICSW, is an Air Force veteran employed by the Wheeling Vet Center for 3+ years as their Marriage and Family Therapist, providing readjustment counseling and outreach services for combat theatre and Military Sexual Trauma veterans and their families/support persons utilizing individual, family, couples and group modalities. She is a graduate of West Virginia Northern Community College (criminal justice), Bethany College (social work), and West Virginia University (MSW); in 2001, she received certification as a Sexual Offender Treatment Specialist from Ohio University. Sara is a multi-trauma survivor who has worked as a victim advocate in various capacities, mostly within the Upper Ohio Valley, for the past 25 years. Sara has facilitated numerous workshops focusing on family violence and sexual trauma intervention and has served as faculty adjunct for WVNCC and WVU for several years.

Darcey Ferrell, MSW, LSW, is an Assistant Professor at West Virginia Northern Community College and teaches sociology, psychology and human service courses. Prior to teaching she was a director of social services in an acute care hospital and provided social services in emergency, acute, skilled, home health and hospice care settings. She is a mental healthcare therapist and has worked with children, adolescents and adults in private agencies and the public school system. Darcey earned her master's degree in social work and a certificate in healthcare administration from West Virginia University and her bachelor’s degree from Glenville State College. She is a licensed social worker in West Virginia.

R. Jeremy Harrison, MSW, LICSW, is the Program Manager and Co-founder of Helping Heroes, Inc.: A Center for Veteran Resources. From 2007-2013, he was a Social Worker for the Department of Veterans Affairs Vet Center program, specializing in the treatment of readjustment issues faced by returning combat veterans in individual, family and group settings. He is also a trained Cognitive-Processing Therapy (CPT) provider and trainer for CPT. Jeremy is a combat veteran. He served with the Army Reserve's 459th Engineer Company in Operation Iraqi Freedom, with his unit playing a critical role in the fall of Baghdad. He began his career as a family-based mental health worker in Pittsburgh, and upon his return from Iraq, began working at the Morgantown, W.Va., Vet Center as a Global War on Terrorism Outreach Worker, a new position created specifically for the veterans of Iraq and Afghanistan. He was one of the first in the nation hired into this position. He is the author of The Warrior Citizen: A Soldier's Journey to Iraq and Back (iUniverse, 2008).

Kathy Herrington, MA, LSW, has been a licensed social worker in West Virginia since 1986 with 30+ years of experience in mental health settings and children’s agencies as an individual and family therapist, supervisor and consultant/trainer. She has 20+ years of experience teaching psychology, sociology and human services in higher education settings.
Jennifer Hezoucky, MT-BC, graduated from Baldwin-Wallace University with a bachelor’s of music and studied music therapy. She is a board certified music therapist and recently established her own music therapy private practice called Life Song Therapy. Some of the populations that Jennifer works with include early intervention/preschool children, children with special needs including autism spectrum, at risk teenagers, cancer patients and geriatrics. Jennifer also provides several music programs for preschoolers and completed the training in Music Together® and is a registered Music Together specialist. Jennifer also provides wellness drumming programs throughout her community.

Jaime Milligan, BA, JD, is a Program Manager for Education and Outreach & Staff Attorney. She manages the Education and Outreach program of West Penn Rural Fair Housing and represents clients facing discrimination under the Private Enforcement Initiative. She joined SPLAS in the summer of 2009, after advocating for homeless individuals and families in Baltimore, MD, for nearly 10 years. In 1999, she earned a bachelor’s degree in psychology and anthropology from Bucknell University, and achieved her J.D. from the University of Baltimore School of Law in 2008.

Douglas Pfeifer, MA, LPC, ALPS, is the Clinical Coordinator for Pressley Ridge White Oak Residential treatment facility. His career with Pressley Ridge spans 17 years working in the residential, treatment, foster care and community-based settings. He is a certified (level one) trauma specialist, a certified trainer for the National Institute for Trauma and Loss in Children, a certified trainer in Response Ability Pathways and the Developmental Audit through Reclaiming Youth International, and a Life Space Crisis Intervention Senior Trainer.

Jennifer Pierce, MSW, LICSW, is the spouse of a retired combat medic and a Licensed Clinical Social Worker who counsels both combat Veterans and survivors of military sexual trauma. She attended the University of Pittsburgh and earned a master’s in social work, specializing in direct practice and mental health, in 2006. Jennifer has been with the Vet Center program for 5 years and has been afforded the opportunity to work at multiple vet centers across the nation. She was employed with the Department of Defense at Womack Army Hospital – Service Member Behavioral Health Department in Fort Bragg, N.C. before re-joining the Vet Center program in 2014. Jennifer is an eclectic therapist with training specifically in Cognitive Behavioral Therapy, Dialectical Behavioral Therapy and Eye Movement De-Sensitization Reprocessing.

Melanee Sinclair, MSW, LCSW, is the Assistant Professor and Coordinator of Field Placements for the Social Work Program at Bethany College, where she has served on the faculty since 2003. Previously, Sinclair was employed by Orchard Park/The Children’s Home of Wheeling (1987-2000), Peterson Rehabilitation Hospital (1985-1987) and Florence Crittenton Services (1979-1984).

Katherine Shelek-Furbee, MSW, LCSW, is the Chair and Program Director of the Social Work Program at Bethany College, where she has served on the faculty since 1984. Prior to her Bethany appointment, Shelek-Furbee was employed by Family Services of the Upper Ohio Valley/Senior Service Division for almost 10 years. She has also served as the group facilitator for the women’s anger management group (F.O.C.U.S.) at the Wheeling Y.W.C.A. since 2001.

Eric Ullery, BA, MSW, enlisted in the WV Army National Guard in 1998 as Canon Crewmember 13-B. Eric served with 1st Battalion, 201st Field Artillery Battalion (1-201 FA) B-Bat from 1998-2006. In November 2003, the 201st was mobilized as a part of the United States contribution to the 27 Nation Coalition forces of Operation Iraqi Freedom II. The Battalion’s primary mission was convoy security and route clearance for Main Supply Routes. Eric served as a HMMWV (Humvee) M249 squad automatic weapon gunner for a majority of his tour, promoted to Sergeant and finished his tour as a Humvee truck commander. Following his return, Eric completed a bachelor’s degree in criminal justice from Fairmont State University in 2006. Upon graduation Eric began working at community-based level II therapeutic residential program for youth ages 12 to 17 exhibiting behavioral and/or emotional issues. Eric received a master’s degree in social work from West Virginia University in 2011. While attending WVU Eric completed two field placement internships at the Louis A. Johnson VA Medical Center located in Clarksburg, W.Va. He joined the Vet Center staff in 2011. Eric currently provides readjustment counseling to combat Veterans and their family members. Eric also facilitates several Vet Center groups for combat Veterans.
## Attendee Registration Form

**November 5 & 6, 2015 - New Beginnings in Health & Human Services**  
Bethany College ♦ Mountainside Conference Center ♦ Bethany, WV 26032

### CONTACT INFO

Name ____________________________

Agency __________________________

Address __________________________  City/State/Zip __________________________

Work Phone __________________________  E-mail __________________________

List any dietary restrictions here: ____________________________________________

Explain any physical accommodations needed: _______________________________________

Nursing License # __________________________  Social Work License # __________________________ for which state? ______

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### REGISTRATION FEES

Refunds will NOT be given for cancellations after October 21.

Please fill in ONE of the following that applies to you (includes breakfast, lunch and all breaks):

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<td>Attend ONLY one day</td>
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**TOTAL DUE:** $80

After completing the registration, send it along with your check to: Bethany College, ATTN: Social Work Department, 31 E. Campus Dr., Bethany, WV 26032. Please make your check made payable to BETHANY COLLEGE (sorry, no credit cards accepted).

For more information, call Kathy Shelek-Furbee at 304.829.7189 or email: socialwork@bethanywv.edu. All facilities are accessible.

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**CONFERENCE LOCATION** is the Mountainside Conference Center located adjacent to the Bethany College Campus on Route 88N, Bethany, WV 26032.

**ACCOMMODATIONS** are available at the Mountainside Conference Center’s Gresham Inn located next to the conference center. Please contact Kay Rowland, Assistant Manager, at krowland@bethanywv.edu or 304.829.4343 or Toll Free at 866.829.4343. Please visit the website for more information at www.mountainsidecc.com.

**TRAVEL DIRECTIONS** to the Mountainside Conference Center can be found at www.mountainsidecc.com.
Perhaps that is where our choice lies—
In determining how we will meet
The inevitable end of things,
And how we will greet each new beginning.

- Alana K. Arnold