

Physical Education – Teacher Education Recommended Course Sequence

Revised 11-02-11

Physical Education PreK-Adult

(Required courses)

| | | | |
|---|------------------|-------------|-------|
| BIOL 107 Human Biology | (FR Fall/Spring) | 4 credits | _____ |
| PHED 110 ¹ Advanced Aquatics I [Lifeguarding] | (SO Fall) | 1 credit | _____ |
| PHED 175* Introduction to Teaching Physical Activities | (FR Fall/Spring) | 3 credits | _____ |
| PHED 210 * Lab Analysis: Aquatic Activities | (SO Spring) | 2 credit | _____ |
| PHED 211* Lab Analysis: Football-Basketball | (SO Fall) | 2 credits | _____ |
| PHED 212* Lab Analysis: Soccer-Volleyball | (JR Fall) | 2 credits | _____ |
| PHED 213* Lab Analysis: Track and Field-Softball/Baseball | (SO Spring) | 2 credits | _____ |
| PHED 214* Lab Analysis: Lifetime Sports [Golf & Tennis] | (SO Spring) | 2 credits | _____ |
| PHED 215* Lab Anal: Lifelong Leisure Activities (Camping & Dance) | (JR Spring) | 2 credits | _____ |
| PHED 216* Lab Analysis: Fundamentals and Principles of Movement, Fitness, and Nutrition | (SO Fall) | 2 credits | _____ |
| PHED 243 *Socio-Psychological Perspective of Physical Activities | (SO Fall) | 3 credits | _____ |
| PHED 244 *Philosophical-Historical Perspective of Physical Activities | (SO Spring) | 3 credits | _____ |
| PHED 326 *Kinesiology | (JR Fall) | 3 credits | _____ |
| PHED 327 *Physiology of Muscular Activity | (JR Spring) | 3 credits | _____ |
| PHED 331 *Motor Behavior | (JR Spring) | 3 credits | _____ |
| PHED 333 ² *Adapted & Therapeutic Physical Activities | (JR Fall) | 3 credits | _____ |
| PHED 337 *Organization and Administration of Physical Activities | (JR Fall) | 3 credits | _____ |
| PHED 350* Curriculum and Assessment of Physical Activities | (JR Fall) | 3 credits | _____ |
| EDUC 353* Integrated Methods in the Elementary School: Health and Physical Education | (JR Fall) | 3 credits | _____ |
| PHED 490 Senior Project | (JR/SR Spring) | 2-4 credits | _____ |

Candidates will be recommended for WV state certification only when the following requirements have also been completed: all courses listed below; the Professional Portfolios; requirements for a Bethany degree; and WV-required PRAXIS I and II tests, passed according to WV-required cut-off scores. Please note: courses listed above indicated with an * and courses listed immediately below must be completed prior to being admitted to the 445/470/471/472/473 Block – i.e. they are prerequisites to Student Teaching.

Education (Required Courses)

| | | | |
|---|---------------------|-----------|-------|
| EDUC 203 Human Development | (FR Fall/Spring) | 3 credits | _____ |
| SPED 207 Exceptionalities and Diversities | (FR Fall) | 3 credits | _____ |
| SPED 208 The Special Education Process (not req. if PHED 333 completed) | (FR Spring) | 3 credits | _____ |
| SOCI 210 Human Diversity | (SO Spring) | 3 credits | _____ |
| EDUC 242 ³ Professional Principles | (FR Spring/SO Fall) | 3 credits | _____ |
| EDUC 282 Instructional Technology | (SO Fall) | 3 credits | _____ |
| EDUC 295 Multicultural Field Experience | (SO Fall) | NC | _____ |
| PSYC 100 General Psychology | (SO Spring) | 4 credits | _____ |
| EDUC 348 Classroom Discipline and Instruction | (JR Spring) | 3 credits | _____ |
| RDNG 376 Content Area Literacy | (JR Spring) | 3 credits | _____ |

Student Teaching Block:

| | | | |
|--|------------------|-----------|-------|
| EDUC 445 Professional Issues in Education | (SR Fall/Spring) | 4 credits | _____ |
| EDUC 470/471 Clinical Practice and Student Teaching I and II | (SR Fall/Spring) | 8 credits | _____ |
| EDUC 472 Student Teaching Seminar | (SR Fall/Spring) | 2 credits | _____ |
| EDUC 473 Philosophy of Education | (SR Fall/Spring) | 2 credits | _____ |

Requirements for a Bethany BA degree include the following:

| | | | |
|---|--------------------|-----------|-------|
| First-Year Experience | (FR Fall & J-Term) | 7 credits | _____ |
| College Writing | (FR Fall) | 3 credits | _____ |
| Introduction to Religion | (FR Fall/Spring) | 3 credits | _____ |
| Creative Arts | (SR Spring) | 3 credits | _____ |
| The Bethany Fitness/Physical Activity Requirement | (FR Fall & Spring) | 2 credits | _____ |
| World Languages and Culture Requirement | (FR Fall/Spring) | 8 credits | _____ |

Liberal Arts Core

| | | | | | |
|---------------------------------------|-------------|-------|----------------------------------|-------------|-------|
| Contemporary Society and Institutions | (FR Fall) | _____ | Literature | (FR Spring) | _____ |
| Culture Awareness (SOCI 210) | (SO Fall) | _____ | Mathematical Understanding | (SO Spring) | _____ |
| Human Behavior (EDUC 203) | (JR Fall) | _____ | Aesthetic Awareness & Creativity | (SO Spring) | _____ |
| International Understanding | (SR Fall) | _____ | Physical Science | (JR Spring) | _____ |
| Life Science (PSYC 100, PHED 327) | (SR Spring) | _____ | The Western Tradition (PHED 244) | (SR Spring) | _____ |

¹Requirement may be met through comparable Red Cross instruction.

²Counts as one of the two 3CR SPED courses required per certification area by WV.

³In the semester of taking EDUC 242, candidates must take WV-required PRAXIS I tests; they must pass them according to WV Cut-off Scores in order to be admitted to the Program. WV-passing scores must be achieved and reported directly to the Education Department's Office before enrolling in EDUC 348.

Bethany College does not currently offer a health education certification track therefore, graduation from BC will not enable you to be certified to teach Health in West Virginia. For those interested in teaching health in other states, it is recommended that you position yourself to pass the PRAXIS II Health Content Examination by enrolling in the following courses: PHED 226 First Aid; HLTH 250 Community and Population Health; HLTH 251 School Health; PSYC 188 The Psychology of Death and Dying; PSYC 220 Health Psychology; INDT 204 Human Sexuality; and, SOWO 130 Drug and Alcohol Abuse. You should attempt to take at least one course per semester. States differ in their certification requirements. Check with the particular state department of education for its requirements or contact the Certification Specialist in the Education Department (education@bethanywv.edu). If you endeavor to teach health using an alternative route to certification request a placement which enables you to teach both health and physical education. **BETHANY COLLEGE DOES NOT GUARANTEE STATE CERTIFICATION THROUGH COMPLETION OF THESE COURSES.**

Students should attend 4 conferences over 4 years: WVAHPERD is offered each Fall; AAHPERD each Spring.