

Secondary Physical Education Four-Year Plan

Recommended Course Sequence
 *Prerequisites to student teaching
 **Offered each semester

FALL SEMESTER	SPRING SEMESTER
<p style="text-align: center;"><u>Freshman</u></p> <p>First Year Experience – FSEM 111, 112, 113 (J-Term) Language I College Writing – ENGL 111 OR Introduction to Religion – RELS 100 *Human Development – EDUC 203 (or Spring) ** *Exceptionalities and Diversities – SPED 207 (3 hrs.) Intro. To Lifelong or Sports Fitness – PHED 102 or 103 (or Spring)</p>	<p style="text-align: center;"><u>Freshman</u></p> <p>Human Biology – BIOL 107 Language II Introduction to Religion – RELS 100 OR College Writing – ENGL 111 *Professional Principles – EDUC 242 (15 hrs.) ** *Intro. to Teaching Physical Activities – PHED 175 *The Special Education Process – SPED 208 (30 hrs.) (<i>not required if PHED 333 is completed</i>) Physical Activity Requirement [Skills Sequence (PHED 110, 120, 121, 122, 123, 124), the Intense Conditioning Sequence (PHED 132, 137, 138, 139)]</p>
<p>Students should take the PRAXIS I exams prior to Sophomore year</p>	
<p style="text-align: center;"><u>Sophomore</u></p> <p>Advanced Aquatics I (Lifeguarding) - PHED 110 *Lab Analysis: Football-Basketball – PHED 211 *Lab Anal.: Fund. & Prin. of Movement/Fitness/Nutrition – PHED 216 *Socio-Psychological Perspective of Physical Activities – PHED 243 *Instructional Technology – EDUC 282 ** *Multicultural Field Experience – EDUC 295 (20 hrs.) Liberal Arts Core (A, B, E, G, H, I) Liberal Arts Core (A, B, E, G, H, I)</p> <p style="text-align: center;">APPLY TO EDUCATION DEPARTMENT</p>	<p style="text-align: center;"><u>Sophomore</u></p> <p>*Lab Analysis: Aquatic Activities – PHED 210 *Lab Analysis: Track & Field/Softball-Baseball – PHED 213 *Lab Analysis: Lifetime Sports (Golf & Tennis) – PHED 214 *Philosophical-Hist. Perspective of Physical Activities – PHED 244 *Human Diversity – SOCI 210 *General Psychology – PSYC 100</p>
<p style="text-align: center;"><u>Junior</u></p> <p>*Lab Analysis: Soccer-Volleyball – PHED 212 *Kinesiology – PHED 326 *Adapted & Therapeutic Physical Activities – PHED 333 *Org. & Admin. Of Physical Activities - PHED 337 *Curriculum & Assessment of Physical Activities – PHED 350 *Integrated Methods in the Elem School: Health & PE – EDUC 353 (10 hrs.)</p>	<p style="text-align: center;"><u>Junior</u></p> <p>*Classroom Discipline & Instruction – EDUC 348 (30 hrs.) ** *Lab Anal.: Lifelong Leisure Act. (Camping/ Dance) – PHED 215 *Physiology of Muscular Activity – PHED 327 *Motor Behavior – PHED 331 *Content Area Literacy – RDNG 376 (10 hrs., 5 clinical)</p>
<p style="text-align: center;"><u>Senior</u></p> <p><i>Student Teaching Block (either semester)</i> Professional Issues in Education – EDUC 445 Student Teaching Seminar – EDUC 472 Clinical Practice/Student Teaching I and II – EDUC 470/471 Philosophy of Education – EDUC 473</p>	<p style="text-align: center;"><u>Senior</u></p> <p>Senior Project – PHED 490 Liberal Arts Core (A, B, E, G, H, I) Liberal Arts Core (A, B, E, G, H, I) Liberal Arts Core (A, B, E, G, H, I) Liberal Arts Core (A, B, E, G, H, I)</p>